



## **Best For Cape Cod Vegetables, Herbs, and Fruits**

There are many wonderful edibles for the home garden but we've found that the following varieties do especially well on the Cape. Note: some "fruit" is actually a vegetable, and some "vegetables" are really fruits – we've listed according to common classifications.

### **Fruit**

Blackberries  
Blueberries  
Raspberries  
Rhubarb  
Strawberries

### **Vegetables**

Asparagus  
Beets  
Broccoli  
Brussels Sprouts  
Chard  
Cucumber 'County Fair' (most disease resistant cuke)  
Eggplant (For success: Start indoors or buy plants. Don't plant too early in the season. This plant likes heat.)  
Garlic  
Green Beans  
Kale (especially Tuscan kale)  
Leeks  
Lettuce and other salad greens including arugula  
Onions  
Peas

Peppers (For success: Start early indoors or buy plants, don't plant out too early, does best in hot summers, look for varieties that mature in 80 to 90 days or less.)

Potatoes

Summer and Winter Squash

Tomatoes (see below)

### **Tomatoes**

Although heirloom tomatoes are known for great taste, they tend to be more prone to leaf diseases or smaller crops. The varieties listed below are hybrids that are more productive and resistant to diseases.

Better Boy

Beef Steak

Celebrity

Early Girl

Roma (paste tomatoes)

Sungold (cherry tomato)

Sweet 100's (cherry tomato)

### **Herbs**

Basil (annual – plant every year) Rutgers hybrids and others labeled "BDM resistant" avoid Basil Downy Mildew

Chives (perennial)

Coriander (Plant every three weeks from seed)

Dill (annual)

Lemon Verbena (annual)

Mint (warning: spreads like crazy! Perennial)

Oregano (warning: spreading perennial)

Parsley (annual although sometimes overwinters once)

Rosemary (only occasionally hardy through the winter)

Sage (perennial)

Thyme (perennial)

**380 West Main St. Hyannis, MA 508-775-8703**