



## Native Plants for Cape Cod

These plants are considered native to the Eastern USA.

### Perennials

*Amsonia hubrichtii* - Threadleaf bluestar  
*Anemone canadensis* - Windflower  
*Antennaria neglecta* - pussytoes  
*Aquilegia canadensis* - Columbine  
*Athyrium Felix-femina* - Ladyfern  
*Asclepias incarnate* - Swamp Milkweed  
*Asclepias verticillata* - Whorled milkweed  
*Asclepias tuberosa* – Butterfly Weed  
*Carex pennsylvanicum* - Pennsylvania Sedge  
*Chelone glabra* - White Turtlehead  
*Coreopsis lanceolata* - Lance-leaf Coreopsis  
*Coreopsis verticillata* - Thread-leaf Coreopsis  
*Chrysogonum virginianum* - Green and gold  
*Dicentra eximia* - Fringed Bleeding Heart  
*Echinacea purpurea* – Purple Coneflower  
*Epigaea repens* - Mayflower  
*Eryngium yuccifolium* rattlesnake master  
*Eupatorium maculatum* - Joe-Pye weed  
*Eupatorium perfoliatum* - Boneset  
*Eurybia divaricata* - White Wood-Aster  
*Eurybia macrophylla* – Lg leaf aster  
*Fragaria virginica* - Wild strawberry  
*Helianthus helianthoides* - Ox-eye sunflower  
*Hibiscus moscheutos* - Marsh Hibiscus  
*Liatris spicata* - Blazing Star  
*Lobelia cardinalis* – Cardinal Flower  
*Monarda didyma & fistulosa* - Bee-Balm  
*Monarda punctata* - Spotted beebalm  
*Osmunda regalis* - Royal fern  
*Penstemon digitalis* - Foxglove beardtongue  
*Phlox paniculata* – Summer Phlox  
*Podophyllum peltatum* - Mayapple

*Polystichum acrostichoides*. - Christmas fern  
*Potentilla canadensis* - dwarf  
*Pycnanthemum muticum* - Mountain-Mint  
*Rudbeckia hirta* and *triloba* – Blackeyed Susans  
*Solidago* species - Goldenrod  
*Symphotrichum* species – Asters  
*Tiarella cordifolia* - Foamflower  
*Vernonia* species – Ironweed  
*Verbena hastata* - Blue vervain  
*Viola pedata* - Birds foot violet  
*Waldsteinia fragarioides* - Barren Strawberry  
*Zizia aptera* - Golden Alexander

### Grasses

*Ammophila breviligulata* - American Beach grass  
*Andropogon gerardii* - Big bluestem  
*Eragrostis spectabilis* - Purple lovegrass  
*Muhlenbergia capillaris* - Pink muhly grass  
*Schizachyrium scoparium* - Little bluestem  
*Sporobolus heterolepis* - Prairie dropseed  
*Panicum virgatum* – Switch Grass

### Shrubs for Sun

*Arctostaphylos uva-ursi* - Bearberry  
*Baccharis halimifolia* - Groundsel Bush  
*Baptisia tinctoria* - Yellow wild indigo  
*Ceanothus Americans* - New Jersey tea  
*Cephalanthus occidentalis* - Buttonbush  
*Comptonia peregrina* - Sweet fern

Hypericum prolificum - Shrubby St.  
Johnswort  
Ilex verticillata - Winterberry  
Juniperus horizontalis - Creeping juniper  
Juniperus virginiana - Eastern red cedar  
Kalmia angustifolia - Sheep laurel  
Myrica pensylvanica - Bayberry  
Physocarpus opulifolius - Eastern ninebark  
Prunus maritima - Beach plum  
Rosa virginiana - Virginia rose  
Salix discolor - Pussywillow  
Spirea alba - Meadowsweet  
Vaccinium macrocarpum - Lowbush  
blueberry  
Vaccinium angustifolium - Highbush  
blueberry  
Viburnum dentatum – Arrow wood

#### **Shrubs & Trees Shade/Pt Sun**

Aesculus parviflora - Bottlebrush buckeye  
Amelanchier spp. - Shadbush  
Aronia spp. - Chokeberry  
Cercis canadensis - Redbud  
Corylus americana - Hazelnut  
Chionanthus virginicus - Fringetree  
Clethra alnifolia - Sweet pepperbush  
Diervilla lonicera - Honeysuckle bush  
Fothergilla gardenii, F. major - Fothergilla  
Franklinia alatamaha - Franklinia  
Gaylussacia baccata - Black huckleberry  
Hamamelis vernalis or virginiana - witch  
hazel  
Hydrangea arborescens – smooth hydrangea  
Hydrangea quercifolia - Oakleaf hydrangea

Ilex glabra - Inkberry  
Ilex opaca - American holly  
Itea virginica - Sweetspire  
Lindera benzoin - Spicebush  
Magnolia virginiana - Sweetbay magnolia  
part shade  
Rhododendron maximum - Rosebay  
rhododendron  
Rhododendron vaseyi - Pinkshell azalea  
Sassafras albidum - Sassafras  
Swida alternifolia - Pagoda dogwood  
Swida racemose - Gray dogwood  
Vaccinium corymbosum - Highbush  
blueberry  
Viburnum alnifolium - Hobblebush  
Viburnum cassinoides - Northern wild raisin  
Viburnum dentatum - Arrowwood

#### **Trees for Sun**

Acer rubrum - Red Maple  
Betula nigra - River birch  
Chamaecyparis thyoides - Atlantic White  
Cedar  
Ilex opaca - American Holly  
Juniperus virginiana - Eastern Red Cedar  
Liquidambar styraciflua – Sweetgum  
Liriodendron tulipifera - Tuliptree  
Magnolia virginiana - Sweet Bay Magnolia  
Nyssa sylvatica - Tupelo Picea glauca  
Oxydendron arboreum - Sourwood  
Pinus rigida - Pitch Pine  
Pinus strobus - White pine  
Prunus serotina - Black Cherry  
Quercus species - Oak, various species

**See many of these plants and more at the American Beauties website:**

<https://abnativeplants.com/collections/all>

**See plant lists of natives approved for lake and coastal conservation plantings:**

<https://www.mass.gov/service-details/coastal-landscaping-in-massachusetts-plant-list>

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