



## Selected Great Perennials for Cape Cod

From The Spring Horticultural Happy Hour with C.L. Fornari

### Sun to Part-Sun

*Alchemilla mollis* (lady's mantle) – early summer – self-seeds  
*Amsonia hubrichtii* (narrowleaf bluestar) – spring native  
*Asclepias tuberosa* (butterfly weed) – summer native  
*Aurinia saxatilis* (basket-of-gold) – spring  
*Baptisia australis* (false indigo) – June native  
*Calamintha nepeta* (lesser calamint) – summer into fall  
*Crococsmia* (crococsmia 'Lucifer') – summer  
*Dendranthema* (garden mum, fall daisies) – fall  
*Echinacea purpurea* (coneflower) – summer native  
*(Hemerocallis)* daylily – summer  
*Hibiscus* (hardy hibiscus) – late summer native  
*Liatris* (liatris or gayfeather) – summer native  
*Monarda* (bee balm) – summer native  
*Nepeta* (catmint) – early summer  
*Nipponanthemum nipponicum* (Montauk daisy)  
*Peonia* (peony) – early summer  
*Perovskia atriplicifolia* (Russian Sage) – summer into fall  
*Phlox paniculata* (summer phlox) – summer native  
*Phlox subulata* (creeping phlox) – spring  
*Rudbeckia* (black-eyed Susans) – summer native  
*Sedum* (sedum 'Autumn Joy' and others) – late summer  
*Solidago* (goldenrod) – late summer native  
*Stokesia laevis* (stokes aster) – summer native  
*Symphotrichum or Eurybia* (perennial asters) – fall native

### Shade to Part-Shade

*Achillea millefolium* (yarrow) summer native  
*Actaea simplex* (bugbane) – late summer native (some have purple leaves)  
*Alchemilla mollis* (lady's mantle) – early summer – self-seeds  
*Athyrium felix-femina* (lady fern) native  
*Chelone* (turtlehead) – late summer – some are native  
*Crysogonum virginianum* (green and gold) – spring native  
*Dicentra* species (bleeding heart) – spring (*D. eximia* is native)  
*Epimedium* (barrenwort) – spring – 'Sulphureum' is especially weed-smothering  
*Geranium macrorrhizum* (bigroot cranesbill) – pt sun/shade – weed smothering  
*Hakonehloa macra* (Japanese forest grass) – yellow varieties are colorful  
*Helleborus orientalis* and *niger* (hellebores) – winter or spring  
*Heuchera* (coral bells) – spring native colorful leaves  
*Hosta* – summer – buy the size you want – low ones make good groundcover  
*Lobeila cardinalis* (cardinal flower) – summer – native okay in sun if soil is moist  
*Tiarella* (foam flower) – spring native